

I M R E V A L L Y O N

# Heavens & Hells of the Mind

Chapter 66  
THE MYSTERY OF THE SUN



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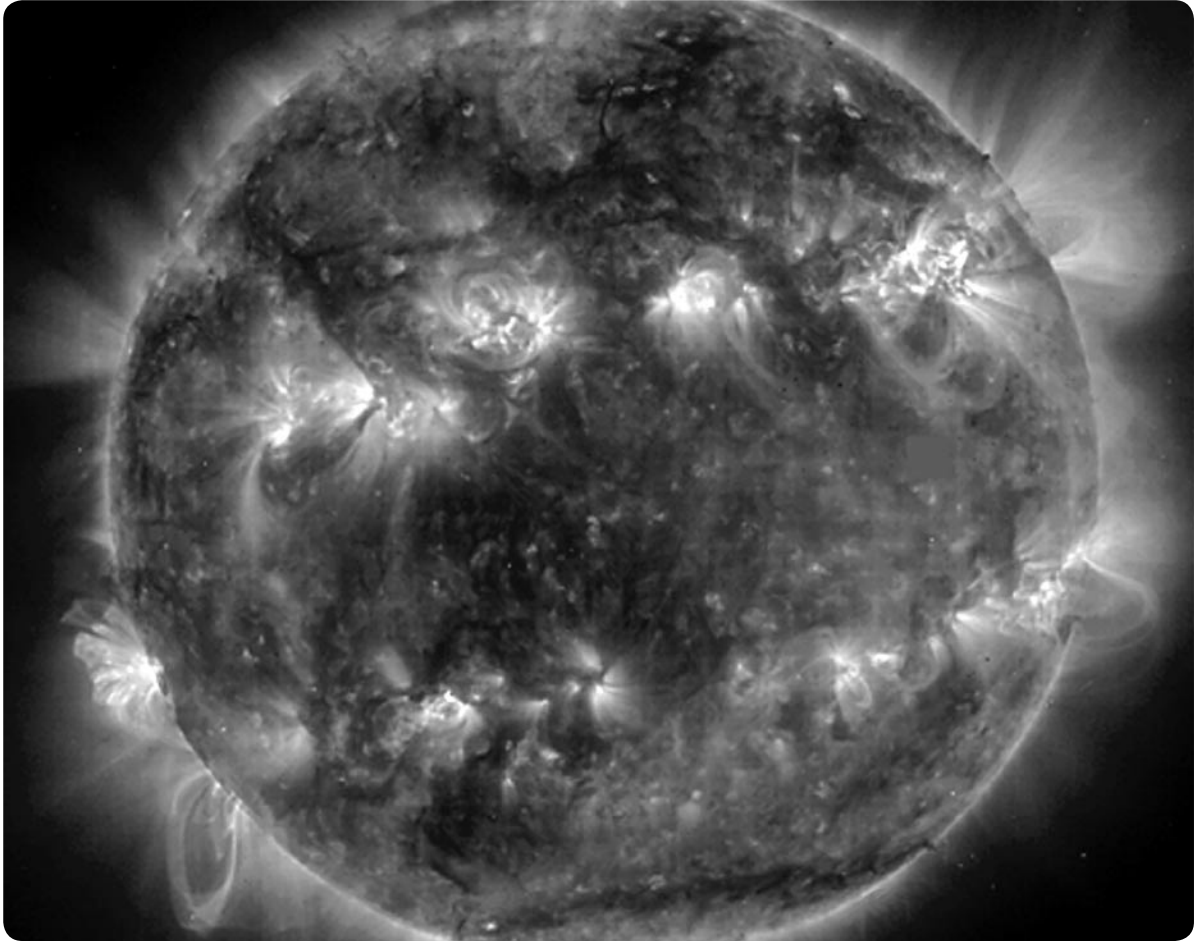
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CHAPTER 66

# The Mystery of the Sun

## To Worship the Sun

SŪRYAMAṆḌALA, the Circle of the Sun, or GĀYATRĪ-SĀDHANĀ, the Sun-Spiritual-Practice, is the most amazing Path of Meditation and Spiritual Unfoldment.

The worship of the Sun is the most direct worship of God. It is not the worship of an inanimate object in the sky.

*The worship of the  
Sun is the most direct  
worship of God*

We must understand true Reality: God is not “out there” somewhere far away, but here where we are. We are living *in* God; that is, we are living *in* the Sun. The physical Sun is an outer reflection *into* the Physical Plane of the Real-Sun, the Solar Logos (SŪRYA, SAVITĀ).

The Solar Logos is a Being, just as you and I are beings, but He is infinitely more vast and glorious than we are. The Solar Logos is a Cosmic Intelligence of a certain level of Cosmic-Evolutionary Attainment. There is Cosmic Evolution, Solar-Systemic Evolution, Terrestrial Evolution and Human Evolution, all proceeding simultaneously. Our Solar Logos is an Individualized Consciousness on a Cosmic Evolutionary Scale—alive, intelligent, living in Cosmic Space. He is a Conscious-Intelligent Being or “Person” reflecting God’s Divinity, Absolute Intelligence, Love, Light and Life.

The physical Sun and physical Solar System are the outermost part of the Dense-Physical Body of the Spiritual Sun or Solar Logos. The physical Sun is God visible in the sky, that part of the Solar-God which the physical body can experience through the senses. The invisible parts of the Sun are perceived by more subtle senses and spiritual faculties.

**T**he Circle of the Sun constitutes the meditational practices of the School of the Spiritual Warrior. The School of the Spiritual Warrior instructions consist of:

- a. The material contained in Part 8, *The Warrior School*, which includes practical instructions for day-to-day living on the Spiritual Warrior Path.
- b. The Circle of the Sun meditations and mantras, including the *Works of Silence* meditational practices.

Hence the *School of the Warrior Teachings* are manifested. I have been empowered to give out this noble and sublime Teaching at this time to the world at large, for those who can *listen* and *do*.

*The Warrior School* 967

*The Elohim* 120

*The Cosmic Creator-Gods* 162

*Solar-Systemic and Cosmic Evil* 217

*The Presence of God* 1396

*What is Reality?* 1175

## The Solar Constitution

The Sun is not merely physical energy but the Energy behind all the seven great Solar-Systemic Planes of Manifestation. And beyond that, the Sun lives in the Cosmic Astral, Cosmic Mental and Cosmic Causal Planes as a Cosmic Being or Cosmic Entity in Boundless Space.

There are seven great Cosmic Planes of Being, within which our seven Solar-Systemic Planes are just the Cosmic Physical Plane (seven planes out of forty-nine). It is upon those great Cosmic Planes that our Solar Logos lives the Cosmic Life, beyond the Solar-Systemic Existence, in a state of Glory, Splendour, Intelligence and Love beyond human understanding and comprehension.

The Solar Logos is a Cosmic-Being-of-Light, a Cosmic Centre or Focal Point of God's Infinite Power, Majesty, Glory, Divinity. The whole Solar System, with all the many planets (visible and invisible), on all seven Solar-Systemic Planes of Being, are but His Cosmic Physical Body. The whole Solar-Systemic Manifestation is but His Cosmic Physical Incarnation, just as your physical body is a physical incarnation of You as a Soul. The Solar Logos also has a Soul, the Spirit and the Absolute Divinity within Him, but of vast cosmic proportions, and He lives in a Cosmic Astral Body, a Cosmic Mind Body and a Cosmic Causal Body, as *You* do on a microscopic scale.

Thus the Solar System is but a minute, temporary Expression or Incarnation of the Cosmic Spiritual Soul of our Solar Logos, one of His series of Cosmic Reincarnations. On the Higher Cosmic Planes He has activities outside our Solar System also, just as you have activities outside your body. You *live in* your physical body but your major interests lie elsewhere.

**The difference between a human being and a Solar Logos** is not in Principles or essential make-up, but in vastness of scale, size, magnitude. Comparing a single atom in the big toe of your physical body to the *total You*, on all levels, is like comparing the total You to the Solar Logos. The total You is but a small atom in the Cosmic Physical Body of the Sun, our Solar Logos. This is the true meaning of the verse from *Genesis*:

**And God said, 'Let us make Man in our image, after our likeness...'**

A human being is a miniature replica of the Solar Logos or Solar Deity, existing *within* the Solar Logos on an atomic-size level.

*The Solar System  
is an Incarnation of  
our Solar Logos*

*Planes and Subplanes 14  
The Human Constitution 43  
In the Image and Likeness 104  
The Constitution of God-Immanent 122  
From Matter to Light 761*

## The Universal Creator-God

VIŚVAKARMA, the Creator of the Universe, dwells within our Solar Logos, the Sun.

VIŚVA: the Universe, the All, the whole of Creation, the World.

KARMA: the Creator, the Architect, the Maker, the Doer.

*The Body of the Absolute  
stretches into Infinitudes*

He performs all actions through our Sun, as He does through all the countless Suns in the Infinity of Space. Everything upon our planet, within our Solar System, and outside the influence of our Sun, is done by VIŚVAKARMĀ. Ultimately, all actions are done (indirectly, through agencies) by the Universal Creator-God.

The Solar Logoi are the prime channels for the expression of VIŚVAKĀRYA, the Maker of the Universe. VIŚVAKĀRAKA, the Lord-Who-Made-Everything, dwells within the Sun, and as we live in the Auric-Field of our Sun, so VIŚVĀKARU, the Creator of All, dwells in us also. Therefore, He is also called VIŚVAKA, the All-Pervading, the All-Containing, within which the Universe exists.

When you look at the Sun with your physical eyes, you are looking at the living Image of the Creator-God on this level of perception. The Sun fecundates and stimulates growth on all planes of the Solar System, including the Physical Plane on which you are living now.

### **The Field of Activity of our Solar Logos**

The Universe is a vast, inconceivable Being.

The countless multitudes of Stars (Suns, Solar Logoi) are but the Atoms composing the Infinite-Body of the Boundless Absolute.

Space, the Body of the Absolute, stretches into Infinitudes on all sides and into all Dimensions, within and without.

Our Solar Logos permeates this portion of Infinite-Space, the portion which is covered by His Auric-Field, which is vast and stupendous by human standards. Into this portion of Space He pours His Life and Soul, literally sacrificing Himself, exhausting His own Life-Wave and pouring it into the Physical, Astral, Mental and higher Dimensions or Realms.

The Solar System (its visible and invisible Realms) is the Field of Activity of our Solar Logos, working with and upon the materials provided by Cosmic Space.

*The Law of Surrender or Sacrifice* 1138

*Primordial Atoms* 24

*God Immanent and Transcendent* 111

*The Plan is in the Divine Mind* 161

*The Creation of the Universe* 166



## The Manifested-God

God is Infinite and Absolute, Limitless and Omnipresent, Boundless and Immutable; Changeless-Existence, an Eternal-Now, beyond Past, Present and Future; Ineffable, beyond Space and Time; in the Unmanifested-State, Unconditioned.

From THAT (TAT), the Unconditioned, cometh forth all that is: the All, the Conditioned Creation or Universes, which remain *within* the Unconditioned. The Universes are born, evolve and dissolve *in* or *within* the Godhead (BRAHMAN). The Universes are *not* separate from the Absolute Godhead (PARABRAHMAN), the Universal Logos.

From the Universal Logos spring forth the Solar Logoi, the Manifested-God embodied in the immense multitude of Suns or Solar Systems in Infinite Space. Each Solar Logos becomes the Manifested-God within a portion of Infinitude, bounded by His Auric-Field, or His Life-Wave-in-Incarnation. Thus, a Solar Logos is God-Incarnate. The Cosmic Logos becomes Incarnate in a Solar Logos whose Physical Body is a Solar System in the seven-layered Space of the Cosmic Physical Plane.

The physical Sun, as seen by the physical bodily eyes, is the outermost part of a small organ (the dense-physical Heart) of the Solar Deity, SAVITĀ, the Solar Logos. The Physical Body of our Solar Logos stretches into Space many thousands of millions of miles in the seven-layered Omnispace, ĀKĀŚA.

All the planets (the Planetary Logoi) in the Solar System are but CAKRAS (energy-centres) in the Auric-Field of our Solar Logos. All the planets and worlds within our Solar System, visible and invisible, swim in the Solar-Radiation. The Sun is the Light of the World, and the Light of the Worlds. The Light within you is simply the Light of the Sun which extends for countless millions of miles.

**The “emptiness” of Space** is an illusion (MĀYĀ) of the physical eyes. In truth, Space is total Solidity, total Reality, total Density, totally “Being-There”. Total-Space is Solid. It is matter, or the atoms, which are “void” or “empty”. The Universes, Worlds, Solar Systems, are but “Bubbles” floating *within* the Solidity of Omnispace, of the Absoluteness. They are temporary Manifestations. The Absoluteness always remains.

*The Form of God is Space 109*

*The Cosmic Logos becomes  
Incarnate in a Solar Logos*

*The Transcendental Godhead 112*

*The Doctrine of the Logoi 116*

*Perceiving the One Space 13*

*Heaven 1352*

## Children of the Sun

All the Worlds are *in* the Sun, SŪRYA or SAVITĀ, our Solar Logos.

*Every part of us is but  
a particle of the Sun*

The planets (visible and invisible) in the Solar System are embodiments of Cosmic Beings, Planetary Logoi, each with its own seven Planes, Worlds or Existences. Cosmically considered, the Planetary Logoi are less evolved than a Solar Logos; they act as CAKRAS, force-centres or energy-centres, in the Cosmic Physical, Cosmic Astral and Cosmic Mental Bodies of the Solar Logos.

- The Physical, Astral and Mental Worlds are the Cosmic Dense-Physical Body of our Planetary Logos.
- The Buddhic, Nirvānic, Monadic and Logoic Worlds constitute the Cosmic Etheric-Physical Body of our Planetary Logos.

Thus, all the Planetary Planes are but the physical Manifestation of our Planetary Logos. But all the Planetary Logoi of our Solar System live *in* the Cosmic Physical Body of our Sun, SŪRYA. Thus, every part of us, from the dense physical body to the Monad, is but a particle of the Sun, our wonderful Solar Logos.

We live *in* the Sun. We are particles of the Sun. We are in fact Children of the Sun.

Within the innumerable Spheres, Realms and Worlds of Being in the Aura of our SAVITĀ live twelve Creative Hierarchies in vast multitudes: the humanoid (MANUṢYA), angelic (DEVA), archangelic (SURA), and so on. Each of these twelve Hierarchies is made up of billions of entities evolving over vast periods of time according to their particular Patterns *within* the Aura of the Manifested-God, SAVITĀ, the Sun. All these entities live *in* the Cosmic Dense-Physical and Cosmic Etheric-Physical Body of the Sun, our Solar Logos.

**The Dimensions or Worlds** within the planets, and within the interspace between the planets of our Solar System, are interpenetrating (within) each other. The seven great Planes or Realms within our Solar System (within the Cosmic Physical Body of our Solar Logos) exist simultaneously within the same Space. As you develop your faculties to change your vibrational level of Perception (that is, as you develop abilities to vibrate your Consciousness at higher frequencies), you are able to function in and experience Life in the Higher Worlds or Realms.

*Worlds within Worlds* 886

*Children of the Cosmic Creators* 190

*Ascending the Planes of Consciousness* 20

*The Constitution of the Solar Logos* 124

*The Omnipresent God* 1108



**ABSOLUTE-SPACE**

**Dimensions of the Solar Logos in Cosmic Space**

## The Solar and Human Heart

The Sun is the Heart Centre (HṚDAYA-CAKRA) of the Solar Logos, not symbolically but actually. In the human being the Heart is multi-dimensional: physical heart, etheric-physical heart, astral heart, mental and causal heart, and the Spiritual Heart. So it is with the Solar Logos. The visible Sun in the Solar System corresponds with the physical heart in the human system. Within the visible physical Sun there are many layers of the Heart of the Solar Logos—within it, around it and through it, on all seven Solar-Systemic Planes of Being. Thus, considering *only* the Cosmic Physical Plane, the various layers of the Sun are:

- a. The physical Sun on the Physical Plane.
- b. The Subjective or Psychic Sun, which shines on the Astral Plane.
- c. The Mental or Causal Sun (the Heart-of-the-Sun), which shines on the Mental Plane.
- d. The Spiritual Sun on the Nirvāṇic Plane and above.

The Sun-Centre in the human microcosm is the Heart Cakra. The Sun-Centre or Heart Cakra receives PRĀṆA (Radiant Energy) from the physical Sun and Light-Energies from the invisible aspects of the Sun. The human Heart in the microcosm (the human aura) is the same as the physical Sun in the Macrocosm, the Solar System.

The Sun is a Centre of Consciousness; that is, it is alive, conscious, intelligent. It is a Cosmic-Being, a Cosmic-Person, a Personality of vast proportions. The Sun is the God-Self within the Solar System, even as within the human Heart Centre the God-Self is found.

The human Heart Centre gives you Faith, which is a Luminous Power and an aspect of the Radiance of the Spiritual Sun of the Solar System.

### HṚDAYĀKĀŚĀ

The Ethereal Space within your Heart Centre (HṚDAYA-ĀKĀŚĀ, Heart-Space). It is also known as HṚDAYAGUHA (HṚDAYA-GUHA, Heart-Cave), the Cave of the Heart where the *Christ* is found (according to Western Wisdom), and where ĀTMAN, the Self, is found (according to Eastern Wisdom). This is the Spiritual Sun, the Celestial Light which shines brighter than a million physical Suns, your Radiant Spiritual Self.

*The Secret of the Heart* 1280

*The Sun-Centre in the human microcosm is the Heart Cakra*

*The Universal Heart* 436

*God in the Heart* 634

*The Heart of the Solar Logos* 1327

*What is True Faith?* 1284

*Hṛt-Padma: the Heart-Lotus* 1505

## Incarnations of the Sun

Within the Sun are all opposites united.

- a. The Sun is the all-embracing Cosmic Boundless Light.
- b. The Sun is our Solar Logos, a reflection of the Infinite-Light-Being, and all Suns or Stars are atoms within the Eternal Glory.
- c. The Sun is the Heart Centre, a reflection of our Solar Logos, which in the microcosm (the Man-species) is the source of Light, Life and Energy.

The Heart Centre is the Centre within Man. Within it is a glowing Sun with flames. In the midst of it there is a Fire. Within that is the crystal-like or jewel-like **ĀTMAN** or Spirit. Within that is the Divine Spark, **PARAMĀTMAN**, the omnipresent, eternal, bright, everlasting Light, the source of Immortality, Joy, Bliss, Liberation.

The Sun is the directing force of Spiritual Evolution, whether in Man, the Solar System, or the Spiritual Sun within the Universe.

The Sun is Force, Power, Radiation, Energy, Life.

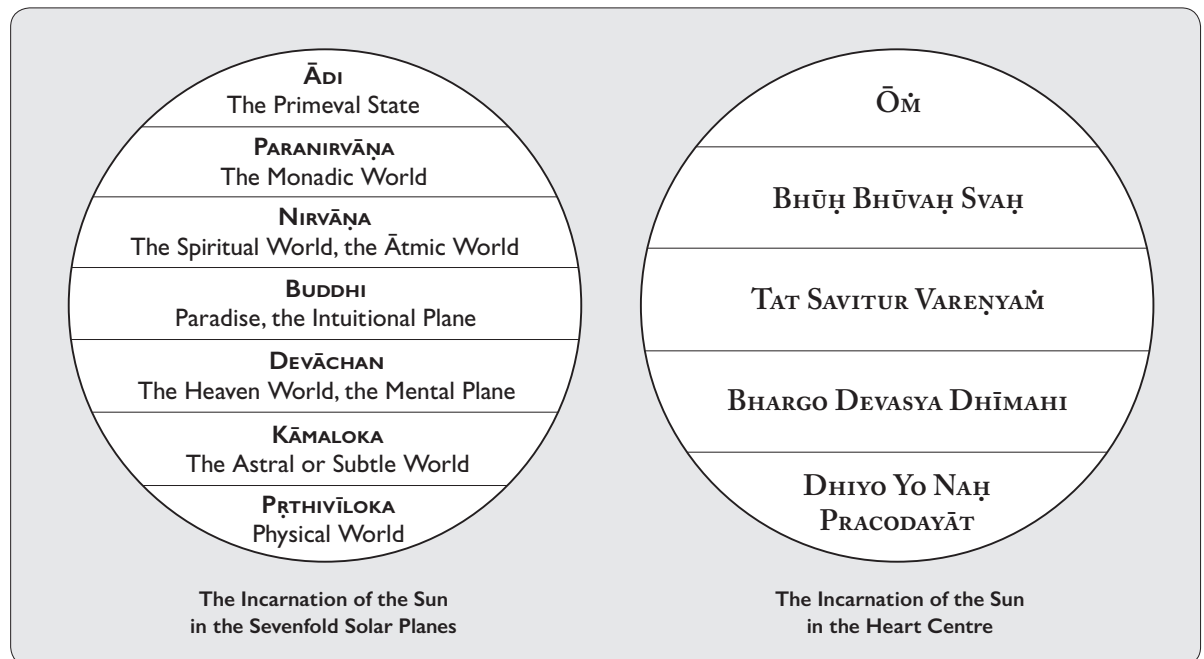
*The Universal Christ 440*

*The Revelation of God 854*

*The Mystery within the Heart 1315*

*The Mystery of the Christ 1724*

*The Gāyatri-Mantra 1601*



## The Self-Generating Light

The Sun is a manifestation of the Word-of-God, the Cosmic or Universal Logos. The Sun illumines all the Invisible Worlds with Self-Generating Light.

*The Sun illumines all  
the Invisible Worlds with  
Self-Generating Light*

Illumination in the human Heart and Head Centres is received directly from the Sun of our Solar System. The Illumination-Material is the Light of the Solar Logos, SŪRYA-JYOTI.

All activities within the Solar System, on all planets, in all the Worlds, Planes or Realms of Being, by all entities, are but Transformations of Sun-Light.

The Light which appears to the physical eyes is only a small fragment of the Light. Out of this Light all the Worlds are made, including all the beings within the Worlds.

You also are made out of the Sun-Light—your body, mind, emotions, Soul and Spirit, each being different levels of Vibrations of the Light of the Solar Logos, JYOTI.

Energy is just a form of Light. Everything that exists in our Solar System is made out of the Energy of the Sun, the Solar Logos. The different Worlds, Planes, Realms, Dimensions (LOKA, in Sanskrit) of our Solar System are made up of different Frequencies or Vibrations of the Solar Light, which itself is but a differentiation of the Universal Light, the Boundless-Light-of-Omnispace, the Universal Logos.

**There is Light transmitted from the Cosmic Astral Plane** into the Cosmic Physical. There is Light transmitted from ĀDI, the plane of the Logos, to the plane of the Monad, and hence into the Nirvāṇic and Buddhic Planes. And there is Light that shines in the higher Heaven Worlds.

Light is not limited to what you can see physically or measure with instruments. In fact, the light perceptible in the three-dimensional physical world is only a fragment of a fragment of Light. Light, in fact, is the Mind of God. Hence, one of the Gnostic descriptions of the Deity is the *Father of Lights*, the *Light Within Lights*.

Light 978

The Light of the Logos 119

The Descent of the Word 118

The Word, Logos, Voice, Name 1646

Living Matter 134

## The Shining Lights

### ĀDITYA

The Sun. The Dazzling Inner Radiance you can see in meditation in your Third-Eye Centre, in the Crown Centre, in the Heart, in the Solar Plexus Centre and in the Base Centre. The *form* of the Sun (the Sunshine) will be perceived differently in each centre, however.

### CANDRA

The Moon. The Cool Moonlight. The Moonshine you can see in the Head, in the Heart and in the Solar Plexus Centre. Thus you can see that the Inner Light, the Inner Beatific Vision, ADHI-JYOTI, manifests in several places.

### ADHI-DAIVATAM

The Supreme-Self-Shining. The Intelligence behind all forms. The Substratum of all Cosmic Energies. It shines within you also, unimpeded.

You can see these Lights and hear the different melodies of the Inner Sound (NĀDA) when Tranquillity (STHIRATVA, Serenity) is established within the Heart. Even to see the Light in the Head and hear the Cosmic Sound in the Crown Centre, you first need Tranquillity of the Heart. That is, you need ŚĀNTIḤ: Peace, Inner Calm.

*You can see these Lights and  
hear the different melodies  
of the Inner Sound*

*The Secret of the Heart 1280*

*Guard your Heart 1328*

### Peace of Heart

Your Heart, on the basic level, is receiving *impressions* from the outside world, from your senses, thoughts and feelings. Your Heart is often troubled on the basic level by what it receives from the outside.

**Be free from unwanted emotional reactions.**

The secret of a Peaceful Heart is to learn to *switch off* the unwanted troubling thoughts, feelings and images by cultivating a deep Stillness in the Heart. If you attain Stillness of the Heart you will sleep better and have no tensions in your physical body. You will also have different kinds of dreams.

The True Heart, the Spiritual Heart within you, is already in a State of Ecstasy (SAMĀDHI). If you *switch off* your sensory impressions, thoughts and feelings by right meditation in the Heart, then Bliss will manifest *spontaneously* within you. Then you will no longer be troubled by what someone did or didn't do, or what was said or not said. You will *know* that everybody's Heart is already full of Bliss.

The Heart is essentially *Consciousness*. When you have attained a Tranquil Heart, the Peace of the Eternal will descend upon you like a gentle cloud.

**Let not your Heart be troubled. Be at Peace.**

## The Light of the World

Meditate upon these statements in the Heart. Each of these statements is about the Sun, the Light of the World.

The Glory of God.

The Splendour of God.

The Sun of Reality, the Sun Eternal.

The Sun of Truth.

The Sun of Righteousness.

The Illuminating Intelligence.

God is Light, a Blazing Sun.

The Light of the World illumines the minds and Hearts of men, women and children. One who has Divine Sight sees the Sun in God and God in the Sun, shining upon all beings and all things equally in the Spiritual Worlds and material creations. To be Children of the Sun is to be Children of the Light, Children of God.



The true Sun is the Cosmic Man, the Cosmic Self, the Luminous I AM of the Universe, the Supreme Self of all beings. To become One with the Sun is to become Cosmic Intelligence.

The Universal Self.

The Cosmic Vision.

The Inner Sun.

The physical Sun perceived through the physical senses is the glow of the Sun on the Physical Plane. But the Glow of the Inner Sun is the Light of the Self, the Universal Self, the Cosmic I AM-ness.



In the Heart is the Cosmic Vision of the Sun, the Oneness of All, the Manifestation of Divinity.

The Luminous Truth.

The Light of Love.

The Universal Heart.

*The Glow of the Inner Sun  
is the Light of the Self*

*Who is 'I AM'? 1418*

*The Christ is the Light of the World 442*

*Nūr: the Light of God 847*

*Brahmājyoti: God's Light 1394*



## Rules of Light

Light is living Substance.

Light is God's living Body.

Light is Cosmic Intelligence.

Before you can become a Light-Worker you must be established in Solar-Light.

First discover the Light within you, then learn to radiate that Light.

There is Light within you and there is Light without.

There is Light within Light, Light upon Light, and above All is the Great Uncreated Light.

The Way is to be found *in* the Light.

This Way leads to Transfiguration.

True Religion is the Religion of Light.

Light is all-powerful. The more Light you have, the more powerful you become.

You are in the likeness of the Sun. You *are* the Sun.

*True Religion is the  
Religion of Light*

**The Mystery of the Sun is the Power of Love**, the Attracting Power of the Universal Heart. It is the Power of Love that holds Creation together. It is the Power of Love that holds Humanity together in one unit, as one whole.

**Love is the Radiating Sun-Light of the Heart of the Deity.**

God's Love is not limited to one person or to a select few or one nation. It is the Invisible Light educating all Souls in the Holy Mystery of Love.

*The Activity of the Divine Heart 1675*

*The Path of Light 89  
The Lighted Way 1394  
Let the Light Shine 1307  
Oneness and Love 1450  
The Solar Dharma 163*

Ö̇ I U A E Ö̇

Divine Name  
Solar Vibrations

1.	E	U	O	U	A	E	
2.	A	I	U	E	O		
3.	I	A	O	U	E		
4.	A	U	Ḣ	Ḣ	E	E	Ḣ
5.	A	U	Ḣ				
6.	I	A	O	U	Ḣ	E	Ḣ
7.	A	E	U	I	A		
8.	I	U	A	E	O		
9.	Ö̇	I	U	A	E	Ö̇	
10.	O	A	E	I	U		
11.	E	A	O	U	E		
12.	E	I	O	U	A		
13.	A	E	I	O	U		
14.	I	O	U	E	A		
15.	U	E	I	A	O		
16.	O	U	E	I	A		
17.	U	O	A	I	E		
18.	I	A	O				
19.	I	A	O	E	U	Ḣ	
20.a	A	M	E	Ḣ			
20.b	A	M	I	Ḣ			
20.c	A	M	O	Ḣ			
20.d	A	M	U	Ḣ			

The Divine Name Vibrations are the Healing Rays of the Sun.  
All is included within the great Circle of the Sun.

## The Healing Sun Mantra

ŌṂ HRĪṂ HRĀṂ HRŪṂ  
 HRAIṂ HRAUṂ HRĀḤ  
 HEḤ

ŌṂ ARKĀYA NAMAHA

Salutation to the Sun who removes all sicknesses.

ARKA: remover of afflictions.



Silence and Sound, Action and Stillness, Heart and Joy;  
 All are One in the Circle of the Sun.

The Sun is multidimensional Awareness.

I draw Strength from the Sun.

I sing a joyous Song to the Sun.

May the Christ-Sun be formed in you, in your Heart.

God meets God in the Heart.

The Sun in the Heart is the Source of Life.

Divine Grace comes through the Heart.

The Christ is the Light within the Heart.

The Heart is Life, Joy and Happiness. ✧

**The Sun is the Source of Life, Light, Love and Happiness** on all the Planes of Being, not just in the Physical World. It is the source of all Energy in all the Worlds within the Solar System, in all its parts, in the visible world and in the great Invisible Worlds.

*Healing Sound-Vibration Formula 1064*

ŌṂ ARKĀYA NAMAHA

