

## Vallyon's Heavens and Hells of the Mind a Winner

Author: **Simone Keiran**  
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### **Imre Vallyon's indepth and transformative book series on human spiritual evolution takes 1st prize at Ashton Wylie Charitable Trust Awards in New Zealand.**

Judges pronounced *Heavens and Hells of the Mind*, the massive 4-volume book written by Imre Vallyon, "A remarkable and exhaustive work on human consciousness and the wisdom of the ages." Maori warriors feted the surprised author with an impromptu tribute in song. Friends and well-wishers cheered as Vallyon took to the stage to collect his prize, a cheque for \$10,000 NZ, and acknowledgment that his decades-long effort successfully met Wylie's mandate, "for the principal purpose of assisting people to become more perfectly loving by bringing the creative quality of love and relating positive activities and qualities into their relationships and their experience".

"*Heavens and Hells of the Mind* is an attempt to uplift humanity by transforming the individual, and I believe that if the individual is transformed, society is transformed, and when society is transformed, we have a happy, healthy and loving, caring society, and for that, we need spiritual values," said Vallyon, who fled Hungary during the 1950s to establish the worldwide *Foundation for Higher Learning*, which emphasizes spiritual knowledge. "So, congratulations to the Trust and all of you who are working hard to make that dream - a happy, joyous, peaceful society - a possibility."

*Heavens and Hells of the Mind* presents a monumental effort, spanning over two decades. It unveils human consciousness through spiritual knowledge, tradition and transformation. Vallyon synthesizes teachings around the globe, showing specifically how spiritual and transformative psychological experience is common to humanity, and uniting us at our most essential levels. He illustrates this through showing how such experiences can be individually and collectively realized.

"Nothing like this has ever been written before," an elated Phil Carter, Vallyon's editor, explained. "No one has ever presented so much detailed knowledge, so clearly and in language that laymen can easily understand. It was very important to make this series accessible to everyone."

The [Ashton Wylie Charitable Trust](#), established in 1999, cites the following objectives in its nominations process:

- To reward excellence in writing which encompasses a wide range of beliefs, and has the power to enlighten, amuse and educate the reader, while having a profound impact on the reader's spiritual thoughts and opinions.
- To embody Wylie's belief that if one wanted to change the world, one had to first change oneself, in that changes are then made by example as, ultimately, one can change for the better others that reside within one's sphere of influence.

"I would like to thank the Ashton Wylie Charitable Trust for the work they're doing and I'm sure that Ashton is very happy with the progress of New Zealand writers over the last few years. We need people like that who appreciate good literature and appreciate good writing, which uplifts not only New Zealanders but all of mankind," Vallyon acknowledged the Founder, the Trust and fellow nominees in his acceptance speech.

In a lively turn of events, Maori performers from the Tainui group in Hamilton, Kereti and Maria Rautangata and Pakewa Watene came onto the stage to perform a *Waiata*, or tribute in song, for Vallyon. Imre and a core group of Maori leaders, artists and warriors have worked hard over the past few decades to establish a transformative warrior school and unite spiritual teachings.

*Heavens and Hells of the Mind* is available online through [Sounding Light Publications](#) and other venues like amazon.com.

## Heavens and Hells of the Mind: Overview & Review

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**It was a feat over 20 years in the making. Now "Heavens and Hells" has been nominated for the prestigious 2008 Ashton Wylie Charitable Trust Book Award in New Zealand.**

*Heavens and Hells of the Mind*, a 4-book series on human consciousness and contemporary spirituality by Imre Vallyon, who fled communist Hungary in 1956 to establish the worldwide Foundation for Higher Learning, was published earlier this year. Now it is up for a prominent achievement award.

The [Ashton Wylie Charitable Trust Book Award](#) is presented to books that "encompass a wide range of beliefs", demonstrate "higher consciousness, expanded awareness and enlightenment" as primary objectives, focusing upon "human relationships" and "becoming more perfectly loving."

The scope of this project is beyond impressive. The set is a hefty 2142 pages long, comprising over 72 treatises on esoteric wisdom. It includes a 353-page lexicon and index, and comprises three distinct sections:

1. Knowledge
2. Tradition
3. Transformation

*"A human being is a complex being, a compound being. Each human being is an incarnation of God, and is both an imperishable Individuality and a perishable Personality."*

So begins *Volume 1: Knowledge*, which synthesizes the spiritual knowledge of most major world religions, demonstrating the areas where they are linked, and esoteric movements which include Theosophism, the Golden Dawn and Alice Bailey. Detailed explanations and diagrams describe the human soul and personality, karma and reincarnation, psychology, evolutionary stages of human consciousness, the mysteries of the heart--far too many to list.

The second book, *Tradition*, provides insight into the contributions of religion, examining the different streams through which people have expanded their spiritual awareness. There are chapters on Zen, the desert fathers and Sufism, Christianity and Gnosticism, the western Hermetic Schools, Hinduism and yoga, and others. These details can be summed up in Vallyon's opening, *"The Eternal is One."*

These books start from wherever the reader is in their awareness. They approach religion, philosophy and metaphysics in a concise fashion, the essence being that growth and evolution is a continuous process and even the greatest minds, the most loving hearts, the most powerful action-oriented people have more to learn, express, heal and inspire.

The third section describes the different techniques and methods a person can use to experience higher consciousness and enlightenment. Vallyon emphasizes experience, not belief. *Transformation* provides practical suggestions for what a person can do to expand the experience of the spirit in their lives. The topics address meditation, prayer, different forms of yoga, breath, silence, chanting, acts of service, and the differences between being and becoming, and many others.

The difficulty with reviewing such a detailed and encompassing book is that it is like reviewing the *Encyclopedia Britannica*. It was fairly easy to follow from start to finish. The book series is designed so a reader can leap around and look at the subjects that really grab the eye, but it also lays out knowledge in a way that the reader's understanding changes as inner experience and knowledge develop. They are clearly meant to be read many times. The objective is enlightenment, an ongoing process, so the publisher offers the books either as a boxed set or individually.

The criteria for an Ashton Wylie Award includes excellence in authorship, as well as high production values such as illustration and graphics, jacket design, general book design, typography and editing. Philip Carter is the chief editor for *Heavens and Hells of the Mind*, a project which he says took him nearly 20 years to fulfil. Once a reader cracks open that first page, it is easy to see why.

The complete set of volumes sells for \$99.00 USD and can be ordered directly from [Sounding-Light Publications](#).