

Heavens and Hells of the Mind:

An Introduction to the Series

By Simone Keiran

In recent decades, certain realizations about human spirituality have taken root. Spiritual seekers are coming to understand that there are common areas of spiritual wisdom and experience that resonate for humanity in general, and that there is more than one path to transcendence and more than one proscribed set of beliefs.

In this four-volume series of books, *Heavens and Hells of the Mind*, the author proves that each tradition, and each spiritual impulse, can provide the means to transform the human spirit and dissolve the differences and boundaries that separate people and their societies.

What if every major world religion and other spiritual were unified in the transformative awareness that happiness, inspiration, freedom and well-being is an extension of the self to all humanity, without limitation? That Divinity is for all, Paradise is for all, Nirvana is for all?

Knowledge

Volume One of the *Heavens and Hells* series, begins with an exhaustive

identification, cataloguing and elucidation of how different streams of spiritual wisdom intersect. A number of chapters and over seventy charts and diagrams provide detailed descriptions of the workings of the spiritual cosmos, and the presence of spirituality and its workings are clarified.

The planes or dimensions of Being are illustrated with the Hindu/Buddhist paradigms, starting with the physical dimension and moving into states past Nirvana, while the Christian counterpart is shown as a near synchronicity of understanding. A diagram and explanation of the Judeo-Mesopotamian Tree of Life and its correlation within the Hindu/Buddhist context is provided in the Foundations of Magic section. Examples demonstrate how human experiences of spiritual reality extend beyond social and cultural references into a collective field of wisdom.

The *Knowledge* volume goes on to delve into what makes a being human in terms of spirit, soul and ego, and how the material aspects of human personality correlate with the planes of being.

The volume explores creation and evolution, and the existence of creative hierarchies from elements to the Goddess/Kundalini and

continues on to investigate the origins of evil and the Logos, the Monad and beyond. It also tackles the subject of delusion and the distinctions drawn between psychism, mysticism and soul awareness, and why those distinctions exist, as well as why, for example, distinctions are drawn between channeling and grace, and what those are.

The first volume reviews the subjects of life, death and liberation or salvation, and the attendant issues of consequence, karma, fate or dharma, reincarnation, and evolutionary stages of spiritual development, even to the point of tackling questions such as why Western religions dismissed the existence of a soul prior to conception. The final focus in *Knowledge*, is on mysticism and mysteries of the heart, and the feminine aspect of the Divine.

Tradition

Volume Two of the series, *Tradition*, deals with spiritual wisdom as applied by traditional religions. Each spiritual tradition can empower and enlighten people, and increase their capacity to love and serve, and yet, each tradition also has its components and priestcrafts where the original impulse was forgotten, where the religion has been ridden off its rails. *Tradition* is about examining and keeping what is

worthwhile, and neutralizing what is harmful or ineffective.

The author lays out a lexicon of the world's great spiritual traditions, from Hinduism, Buddhism, Judaism and Christianity to Islam, Taoism and Zen, revealing them from the point of view of their saving graces, not their mythology, dogma, rituals or structures that are used to dominate others and interfere with free will. For example, the study of Hinduism is not focused on Hinduism per se, but on Yoga, or Union, with a fresh look at Patanjali's Sutras.

The path of Christianity is investigated as the path of the heart, of love and compassion expressed through service, rather than as a series of Old Testament laws. Islam is approached through Sufism, and Judaism from the Kabbalah. The *Tradition* volume also looks at the art of the Spiritual Warrior, and the effect of sound upon the consciousness. The author has dispensed with the impediments and obstacles of dogma and spiritual materialism by approaching traditional teachings from a place where these obstructions are rendered ineffective. Spiritual seekers can explore these traditional paths with new awareness and discernment, using these bodies of wisdom, power and love to change themselves, and change the world.

The first two volumes build upon ancient spiritual traditions, and follow directions set by modern-era spiritual leaders, including the theosophist, Madame Helena Blavatsky, and Alice Bailey, and yet move beyond their worlds of wisdom in terms of practice and experience. These continuing streams in the evolutionary process of spirituality lead to the third volume, *Transformation*.

Transformation

Self-realization does not come without great effort and personal sacrifice. The question is, *“Where and how is that effort best expended, and what must be sacrificed?”*

In the Volume Three, *Transformation*, the author examines what is required for spiritual progress, from moving beyond the self through group work, to recognizing and accepting the transformative guidance of those who have mastered spiritual energies and can help us to evolve. Thousands of practices are explained: meditation, mantras and spiritual prayer, chanting and sound work, aphorisms and affirmations of spiritual truth, and exercises intended to guide the steady and diligent practitioner into states of contemplation and outward in expressions of ecstasy through the arts and service.

Many of these practices are founded within the world's great spiritual traditions, and they move along six primary streams:

- The Path of Return, in which various forms of effective meditation for the modern age are explored at length.
- The Way of the Heart, wherein the center of love and sacrifice is awakened.
- The Way of Spiritual Psychology, which purifies emotions and the objective consciousness through affirmation and self-realization, moving into subtler perceptions until one develops soul-consciousness, and eventually spiritual consciousness.
- The Worship of the Goddess, including mantra and the practice of the sacred science through the Divine Feminine.
- The Yoga of the Sun for the conception, understanding and attunement to solar energies.
- The Way of Service, which addresses the transformation of the planet.

Index and Lexicon

Volume Four of the *Heavens and Hells* series is comprised of a comprehensive index of the first three volumes, and a 2,100-word lexicon of the Wisdom Language.

Prestigious Award

A popular work in several countries, *Heavens and Hells of the Mind*, a boxed set of four volumes, is now available in the United States.

The book series was awarded the prestigious **Ashton Wylie Charitable Trust Award for 2008**, which is presented annually to

“books that encompass a wide range of beliefs, demonstrate higher consciousness, expanded awareness and enlightenment as primary objectives, focusing upon human relationships and becoming more perfectly loving.”

When the author took to the stage to collect his \$10,000 prize in New Zealand, Maori warriors feted him with an impromptu tribute in song, and friends and well-wishers cheered his decades-long effort. Judges pronounced the book series, *“A remarkable and exhaustive work on human consciousness and the wisdom of the ages.”*

Heavens and Hells of the Mind was more than twenty years in the editing process by Philip Carter, as the author, Imre Vallyon, incorporated additional teachings and material into the texts, until it stood at over 2,000 pages. A popular, inspiring teacher and lecturer, Vallyon is the author of several books that inspire his students and his readers to find greater health, creativity, success and the ultimate

discovery of Eternal Self, Love, Wisdom and Truth as guiding principles.

Within the monumental *Heavens and Hells of the Mind* books are hundreds of treatises simply and clearly written so that any reader may understand them. Thousands of practical, experiential techniques have been laid out in such a way that a person can start at the beginning and read through to the finish, or open the volumes to areas of interest. Human spirituality is a form of continual evolution for which *Heavens and Hells of the Mind* is the definitive guide.

Imre Vallyon is the founder and director of the longstanding international school, **Foundation for Higher Learning**.

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