How True Doors Improve Quality of Life for People with Dementia

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Webinar Australian Examples
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Outline

● **Background**
  ○ What are True Doors
  ○ Success Criteria

● **Examples in Australia**
  ○ Mercy Health
  ○ Rural Northwest Health
  ○ Acacia Living Group
  ○ TLC Aged Care

● **Question and Answer**
What are True Doors

Click here to watch the video

Click here to watch the video

True Doors help to trigger memories and stimulate conversation.
True Doors
Success
Criteria

Clear expectations, good process, use available resources
Person centred goals

1. Create community engagement through the changes to the physical environment

2. Incorporate choice for our residents and their care partners

3. Honor each person’s story and weave their narrative into our approaches to care.
Start small

Begin with a small pilot, such as for one section within your facility.
Give residents their voice

It is important that the residents themselves are involved in selecting their doors. Their True Doors should mean something to them.
Focus on process and not just output

Appoint a coordinator to take responsibility for the project. Ensure she/he is given sufficient time to work on the project.

Be patient and take your time when involving residents in choosing their True Doors.
Typical timeline

Once budget has been agreed it’s time to jump into action.

July
Engage family in helping to shortlist True Doors.

August
Where possible Residents select their True Doors.

Sept
Apply the True Doors.

October
Collect feedback on effects from family and staff, as well as residents where possible.
Resources on truedoors.com

Each True Door is made from a picture of an actual door. Every decal is tailor-made to fit (width and height) the intended door. Available in either the original door colour or black & white, True Doors are applied to flat door surfaces. Request a quote.

Success guide
Your guide for a successful True Doors project. Set clear goals, stay organised, and learn from what others have experienced before you.

Collection
Each True Door is made from a picture of an actual door, tailor-made to fit the intended door, and is applied to flat door surfaces.

Request a quote
Get in touch if you want to know more, are interested in making a bulk order or creating your own personal True Door.
True Doors Case Studies in Australia
Projects in Western Australia and Victoria.
Mercy Health, Bendigo

Setting
Memory care unit, advanced stages of dementia, small town in Victoria

Challenge
Doors themselves needed a lot of preparation, requiring support of technical services

Project Aims
A great deal of attention was paid to the process of engaging family and residents

Scope of project
Doors from collection and personal True Doors. Fifteen in total, chosen by residents and family

Project duration
Six months

Led by
Chris Blackman, Kylie Paxton and Carolyne Taplin
“Created a lovely feeling in the wing. Lots to look at and talk about – Joan’s door is so pretty, the curtains are lace and remind us of our childhood.”

- Nell Campbell | Sister of resident at Mercy Health in Victoria, Australia

CHosen because: REMINDS OF CHILDHOOD

“..it adds a more homey feeling to match the walls of the lounge and outer garden areas. (painted murals in the interior and garden)

- Lorraine Underwood | Daughter of resident at Mercy Health in Victoria, Australia

“Everybody who walks past tells me it’s beautiful–I would say it is colossal.”

- Nancy Young | Resident at Mercy Health in Victoria, Australia
Acacia Living Group, Perth

Setting
Memory support wing

Project Aims
Create warmer, friendlier physical environment

Scope of project
Doors from collection. Chosen by staff. Twenty doors in total

Challenge
Protecting against damage

Project duration
Two months from start to completion

Led by
Kim Sewell, Manager Residential Care, Acacia Living Group
“My wife’s room door looks beautiful and also looks like an actual front door of a house.”

– Allen Thomas | Husband of resident at Acacia Living Group in Western Australia

“...I love the whole new look given to the wing. It looks clearer, more presentable and has a “cool” feeling. I’ve observed my husband who’s 100 years old, correctly identify his room door. My husband has dementia and I visit the facility daily.”

– Wife of resident at Acacia Living Group in Western Australia

“...My Mum always has difficulty locating her room, today I noticed that mum correctly identified her room door as it had a True Door put on it – Well Done.”

– Erica Graca | Daughter of resident at Acacia Living Group in Western Australia
Rural Northwest Health, Warracknabeal

Setting
Wattle Crescent, Secure Dementia care unit. Small rural health service

Challenge
Many residents grew up in rural areas, where front doors may not have been used

Project Aims
Independent memory support for residents, Montessori techniques to support residents to recognize their rooms

Project duration
Three months months from start to completion

Scope of project
Doors from collection. Chosen by residents and staff. Eighteen doors total

Led by
Wendy Walters, Warracknabeal Campus Manager - Aged Care
Residents became more aware of privacy and owning their spaces
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<th>Setting</th>
<th>Challenge</th>
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<td>Melbourne Dementia care unit.</td>
<td>Doors were measured incorrectly</td>
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<th>Project Aims</th>
<th>Scope of project</th>
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<td>Person-centred care, Spruce up the place</td>
<td>Doors from collection. Chosen by residents. Four in trial, followed by entire wing</td>
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<th>Project duration</th>
<th>Led by</th>
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<td>One month from start to completion</td>
<td>Susan Jones, General Manager, Donvale location</td>
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Collection doors reminded residents of childhood doors (in Europe). Heartwarming emotional reactions during application.
Thanks!

Additional questions?
Email us at home@truedoors.com